

*Whole Health on Purpose
cleanses your body-mind-spirit
for your
Whole Health ~ On Purpose.*



Contact me for my current rates:

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Find out more about the session elements that
make up the readings and packages:

<http://WholeHealthonPurpose.ca/readings/>

Whole Health ~ On Purpose

What is whole health?

People often think of health as being primarily physical. In reality, physical illness and disease are manifestations of misalignments that start much earlier in other areas.

To achieve whole health, one must have:

- A healthy relationship with oneself
- Healthy relationships with others
- Healthy eating and exercise habits
- Healthy spiritual practices
- Healthy thoughts and emotions
- A supportive physical environment
- An understanding of gifts and challenges
- A knowledge of one's path and purpose
- An ability to create and keep wealth

After working with Nina Shoroplova, you will

- Know your unique gifts and challenges;
- Follow your true path and purpose;
- Be more confident in who you are;
- Live your life more fully, with less stress;
- Discover your vocation;
- Find more time to do the things you enjoy;
- Have more energy;
- Make decisions more easily;
- Express your truth more comfortably;
- Be more centred and grounded;
- Create healthier relationships;
- Stand in the truth of who you are.

Constantly tired?

Need coffee or sugar to get through the day?

Always fighting with your spouse?

Trying to lose weight and can't?

Exhausted by a troubled teen?

Struggling with a major decision?

Longing for a healthy relationship?

Stuck in the same unhealthy patterns?

Kids keeping you up at night?

Want to discover your life's purpose?

Want more energy, health, passion and abundance in your life?

Stressed about life in general?

Nina Shoroplova can support you in eliminating these and many other barriers to your *Whole Health on Purpose*.



Whole Health ~ On Purpose offers a practical approach that combines energetic work with nutritional advice to clear unhealthy patterns and ease the way for healthy new habits.

Nina Shoroplova
holistic healer

Whole Health on Purpose **Three Stages**

a: Realigning: The Initial Soul Profile and Clearing

- reveals who you are at soul level,
- provides clarity about your path and purpose,
- clears the first layer of energetic barriers to your being whole, and
- brings that clearing into your physical body.

b: Integrating: This stage has many elements to choose from. The *Integrating Whole Health on Purpose* packages - WhoP's most affordable and advantageous healing packages - integrate nutritional consultations with energetic clearings to enhance healing at the physical level. This stage also includes relationship, situational, and other energetic readings and clearings.

c: Optimizing: This stage offers an Annual Package of One-on-One Monthly Life Coaching that Includes Four Clearing Sessions to bring about optimal health. *Whole Health on Purpose* recognizes the ongoing nature of healing and offers a versatile annual package to make this growth affordable.

Read more about the advantages, session elements, packages, and rates at

<http://WholeHealthonPurpose.ca>